Autobiography:

I started to learn physics in 7th grade and was not good at it, but it was not until the second semester of 9th grade that I started to grind, when I found physics to be interesting. The reason why I’m studying physics is because I find physics concepts to be fascinating and cool, and solving challenging physics problems makes me feel accomplished.

I was the only one that study physics competition at my school. It was difficult to find and discuss with other physics enthusiasts. However, I managed to find my companions through social medias such as Discord, and managed to get resources online, such as Kalda’s handouts, Kevin Zhou’s handouts, past IPhO and APhO questions, and many more.

However, it was difficult for me at first because no one was leading and teaching me how to learn physics. Thus, I browsed internet and learned from past physics contestants’ experience and designed a schedule for myself to follow. I developed self studying skills and formed a good learning habit. For example, I tried Feynman’s method and it helped me to get a better understanding on the concepts. Furthermore, I also found teachers who helped me to study for physics competitions.

Sure, getting a good award looks good on resume, but for me the most important things I gained from studying physics competition are the habits and leaning skills I developed during the preparation and these will be very helpful in my life.

I’m really grateful for my parents’s and friends support, especially Jiaran, aka Diana, who is gentle, cheerful and considerate friend of mine. I also want to give my thanks to Mr Cai, Mr Sun and Dr. Tang who taught me lots of physics knowledge and concepts, ans I want to thank my physics teacher Mrs.Sater who proctored me for f=ma and usapho.

full version of my autobiography: https://docs.google.com/document/d/1GNMTRYQ8ERiULtVsBYnGFBz2lnIAIvOoB5kvB0jqLke/s?usp=sharing probably a better ver? But it’s not really a biography